



Precautions

1. Do not use any discolored, deteriorated or expired ear drop.
2. Ear drops should be stored in a cool, dry place away from light. Refrigeration is not required unless otherwise specified on the package.
3. Discard leftover ear drops.
4. Stop using the ear drop if it causes burning sensation, itchiness or other discomfort and let your doctor know as soon as possible.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們 For enquiry, please feel free to contact us

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聖保祿醫院
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How to use Ear Drop

藥劑部
Pharmacy



齊服務 展關懷 WE SERVE & WE CARE

Proper use of ear drop



1 Wash your hands thoroughly.

2 Clean the outer ears with cotton wool.

3 Warm the bottle or single-use vial in your hands for a few minutes. This will make the administration more comfortable especially for refrigerated ear drops.



4 Sit or lie down with the affected ear facing up.

5 Pull the ear upwards and backwards (for adults) or pull the earlobe downwards and backwards (for children) to straighten the ear canal.



6 Instill the correct number of drops into the ear without touching the tip of the bottle to the skin to avoid contamination.

7 After instillation, gently massage the earlobe in an upward and backward direction to help with the absorption of the medication. Keep your head tilted for 3 to 5 minutes.



8 Wipe away any excess liquid with a clean tissue.

9 Recap the bottle. For single-use vial, discard the vial after use.

